

## City of Glendale Community Services & Parks Department Trails and Open Space Program

## I Feel Like Dancing!

Third Saturday Wilderness Workday

Snacks and drinks will be provided for your enjoyment

Groups of 10 or more must call to reserve your place (818) 548-3795

Wear sturdy shoes, protective clothing (long pants, long sleeved shirt), and a hat

Bring your water bottle, sun screen, and gloves

**Sponsored By:** 



Saturday, September 21, 2019 8:00 A.M. - 12:00 P.M. Deukmejian Wilderness Park 3429 Markridge Rd, Glendale, CA 91214

Saturday, September 21st is National Dance Day

This holiday was started in 2010 and is sponsored by the American Dance Movement. It encourages people to incorporate dance as a part of a healthy, active lifestyle.



Some of us have two left feet and would never step on the dance floor. Others love to get up and trip the light fantastic (dance). We don't have a dance floor at the park, but we can promise you a morning of movement, activity, and the start of an active lifestyle. Join us for our September Workday as we continue our quest to remove invasive plants. We will also water, weed, and mulch around the recently planted trees.

So put on your dancing shoes (sturdy, closed toe shoes for hiking and working in the park) and join the fun.

We have tasks for all ages and abilities. This is a great event for families, individuals, groups, clubs, and students needing Community Service hours.

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Para información en español, llame a (818) 548-2000

