



**Community Services
& Parks**

**Parks
Make
Life
Better!**

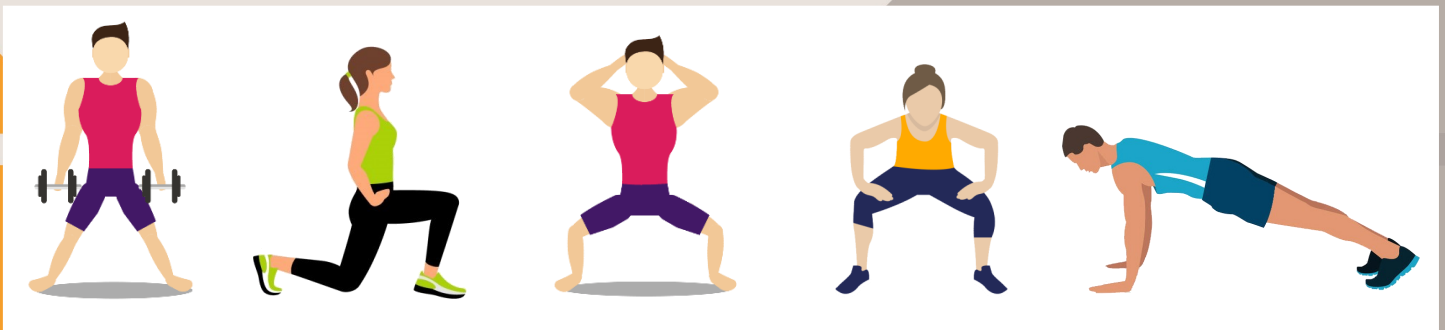
Therapeutic Recreation Programs Presents:

Virtual Get Fit

Monday, January 11 & Monday, January 25

4:00 p.m. to 5:00 p.m.

**Join us “virtually” for a workout session with our popular
Therapeutic Recreation Program - Get Fit.**



**Please contact Ken Khan by calling (818) 548-3783 or via email:
kkhan@glendaleca.gov to receive your log-in information.**

**Participants are asked to join: 5 minutes prior to the session to
ensure successful log-in.**



**REASONABLE ACCOMMODATIONS WILL BE MADE UPON REQUEST.
PLEASE NOTIFY US WITHIN 72 HOURS PRIOR TO EVENT DATE.**