

Community Services & Parks



Therapeutic Recreation Programs Presents:

Virtual Get Fit

Monday, March 8 and March 22

4:00 p.m. to 5:00 p.m.

Join us "virtually" for a workout session with our popular

Therapeutic Recreation Program - Get Fit.



Please contact Ken Khan by calling (818) 548-3783 or via email: kkhan@glendaleca.gov to receive your log-in information.

Participants are asked to join: 5 minutes prior to the session to ensure successful log-in.



REASONABLE ACCOMMODATIONS WILL BE MADE UPON REQUEST. PLEASE NOTIFY US WITHIN 72 HOURS PRIOR TO EVENT DATE.