



Community Services & Parks

Trails & Open Space Program

“MEDICINAL PLANTS OF THE WEST”

HIKE WITH DISCUSSION

Saturday, October 23, 2021

9:00 AM - 12:00 PM

Deukmejian Wilderness Park

3429 Markridge Rd, Glendale, CA 91214



California Elderberry

This hike will be led by Dr. James Adams from the USC School of Pharmacy and coauthor of “Healing with Medicinal Plants of the West - Cultural and Scientific Basis for Their Use”. Topics to be discussed: ways the Chumash use native plants as medicine; the role these plants play in everyday healthcare; and tips on where to purchase and how to grow your own medicinal plants.

We will be on a moderately steep trail with uneven footing. There will be several stops to discuss the plants and their medicinal uses.

This event is FREE! But space is limited. Please RSVP at [Glendaleca.gov/PLANTS](https://glendaleca.gov/PLANTS).

For more information call (818) 548-3795.

Para información en español, llame a (818) 548-2000.

Հայերեն տեղեկությունների համար զանգահարել հետևյալ հեռախոսահամարով (818) 548-548-2000.

- Wear sturdy shoes, long pants, and a long sleeved shirt.
- Bring sunscreen, water and a hat.
- In case of rain, this event will be cancelled.

Please follow the current Health Officer Order concerning masking requirements and safety measures while participating in the activities.

Sponsored by: **GLENDALEPARKS & OPENSPACE FOUNDATION**

The City of Glendale’s Community Services & Parks Department is not affiliated with the presenter. All topics and speakers are presented for information purposes. The speaker’s information, advice, views, opinions, or services do not necessarily reflect or represent the official policy or position of the City and its Community Services & Parks Department.



Reasonable accommodations will be made upon request. Please notify us within 72 hrs prior to event date.



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