

NO WASTE NOVEMBER



from the Office of Sustainability



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REUSE, UPCYCLE, OR RECYCLE?

Choosing what to do with a specific item, so as to not throw it away, can be challenging! Should I recycle this item at my local recycling center? Should I sell it? Should I make something new out of it? In this newsletter, learn ways to deter trash from landfills by reusing and upcycling everyday items.

Reusing a certain item means using it again for the same purpose that it was originally made for. The original product is usually not altered in any significant way before being used again. Examples range from pre-owned cars, gaming consoles, and golf clubs to clothing and footwear.

Upcycling means using a certain item again but in a manner different than what it was originally intended for. The original product is left mostly intact, utilizing its shape, form, and material for a different purpose. Examples include using car tires as swings or playground elements, using corks to make a corkboard, or using shipping pallets to make furniture or interior design elements. This term can be interchangeable with "reuse" since they overlap.

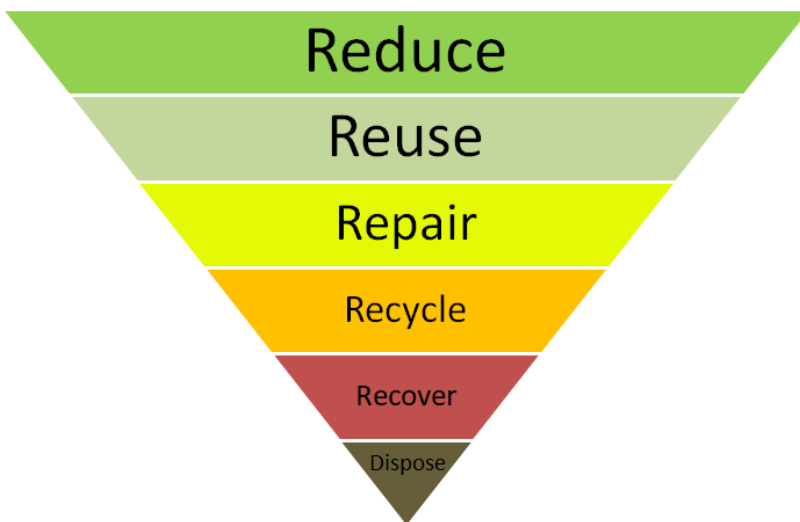
Recycling is the process of recovering material from waste and turning it into new products. The original product is destroyed in this process, usually through a melting process, but it is used to form new products. Examples are aluminum cans, plastic water bottles, most food tubs, bottles, cans, and many more!

WHAT IS THE REUSE INDUSTRY?

The Reuse Industry in the United States is made up of several second-hand markets, multiple are \$100 billion dollar industries with several falling within the \$1 to \$10 billion range. A few examples of second-hand goods are clothing, automobiles, furniture, and industrial, medical, and construction equipment.

According to a 2021 study, the second-hand market is expected to double in value by 2025, bringing the value of resale as well as traditional thrift and donation stores to \$77 Billion!

The conventional stream of use results in excess amounts of waste in landfills. Most plastic can't and won't be recycled, instead, it is diverted to landfills due to misunderstanding, mislabelling, and misinformation. According to the Environmental Protection Agency (EPA), less than 10% of plastic has actually been recycled in the last 40 years!



Recycling is not always the solution to overconsumption of products because it still results in items being sent to landfills. By following more of a mindset of limiting our waste, we can reduce the number of items sent to landfills. **Reusing items is preferred over recycling because it saves the energy used to dismantle and remake products!** Check out page 3 for easy ways to reduce at home.

We can reduce the impact on our environment by choosing to buy used items rather than new items! Carbon emissions, water use, and demand for energy significantly decreases when purchasing used items rather than a new clothing item.

FUN FACTS

In 2020, 223 million consumers said they have or are open to shopping secondhand products.

There is an estimated 9 billion clothing items that are hardly or never worn sitting in closets of consumers!



Secondhand shopping doesn't only refer to clothing and accessories but household items, records, decorations, cars, technology, and more!



EASY WAYS TO REUSE

Before you recycle, try to reuse!

Reuse is the action or practice of using an item, either for its original purpose or to fulfill another function.

Easy:

- Reuse jars to store other foods
- Switch to reusable sandwich bags
- Search online about how to reuse items before throwing something away. Try looking through Pinterest, Etsy, or other blogs [like this one!](#)
- Make your own [produce bags](#)
- [Upcycle shoeboxes](#)

Medium:

- [Turn your old clothing into](#) a pillow, doormat, or coaster!
- Tie-dye clothing to give it a second life
- Upcycle [old towels](#)
- Make a [corkboard](#) out of [wine corks](#)

Hard:

- Buy second-hand furniture and give it a [makeover](#)
- Give old bottles a new life ([glass and plastic bottles](#))
- Make a Wreath using old fabric or preserved leaves
- [Upcycle old chairs](#) to make planters, side tables, and more!
- Repurpose [old drawers](#)



Get Creative

Reuse plastic bottles and mask strings to make your own hanging planter!



SUSTAINABLE THANKSGIVING TIPS

Dinner:

- Eat Seasonally! Check out page 5 for seasonal produce
- Plan your dinner in advance to maximize food you already have
- Try to minimize food waste by making smaller portions and spicing up leftovers
- Go big on sides and veggies, make smaller portions of meat.
- Skip single-use plates, utensils, and napkins!
- When grocery shopping, don't use plastic produce bags
- Use food scraps to make new dishes like these, these, or even these.
- Ask your guests to bring containers to take home leftovers!
- Look into tips from the US Department of Agriculture

At Home:

- Use leaves and acorns to create fall decorations.
- Store items properly for reuse next year. Storing decorations in an airtight container can extend the life of your items so they don't get molded!
- Fully load your dishwasher before running it.
- Use washcloths instead of conventional paper towels
- Turn the heater down a few degrees during your get-togethers. Look into the Peak Savings Program
- Be strategic with your AC and Heater! Dress for and enjoy hot/cold beverages based on the weather.

Give Thanks and Give Back:

- DONATE (food pantry, clothes, or volunteer your time). Visit The Salvation Army, one of the three Goodwill locations, or any of these other locations in Glendale!
- Try games that encourage gratitude, like Deeds of Gratitude.



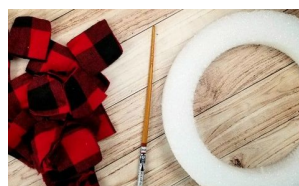
GLENDALE'S OFFICE OF SUSTAINABILITY AIMS TO HELP MEET CURRENT NEEDS OF RESIDENTS AND BUSINESSES WHILE WORKING TO ENSURE NEEDS OF FUTURE GENERATIONS WILL BE MET!

"NOW THEREFORE, BE IT RESOLVED, THAT THE CITY OF GLENDALE COMMITS TO ADDRESSING SUSTAINABILITY AND CLIMATE CHANGE AND USING THE CONCEPT OF SUSTAINABILITY TO GUIDE POLICY NOW AND IN THE FUTURE." NOVEMBER 2010

VIEW OUR OCTOBER NEWSLETTER HERE.



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Easy DIY Reused FABRIC WREATH



DIY Leaf Bowl



What's in Season

BROCCOLI

BRUSSELS SPROUTS

CABBAGE

CARROTS

CAULIFLOWER

CELERY

EGGPLANT

GARLIC

ONIONS

PARSNIPS

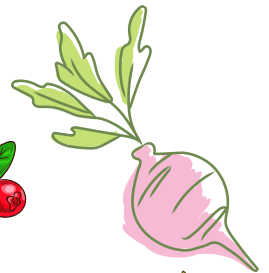
POTATOES

PUMPKINS

SWEET POTATOES

TURNIPS

MUSHROOMS



APPLES



PEARS



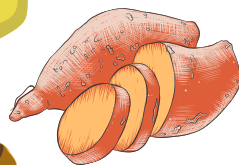
BANANAS



CLEMENTINES



CRANBERRIES



DATES



KIWI



LEMONS



PERSIMMONS



POMEGRANATE

