



## THE ROLE OF NUTRITION AS WE AGE

Thursday, March 24, 2022 • 10:00 A.M. - 11:00 A.M.



Hosted by: Community Services & Parks Presented by: USC Verdugo Hills Hospital

## Learn the benefits of healthy eating.

For more information, please call (818) 548-3775.

Email **CSPCARES@GLENDALECA.GOV** with your first name, last name, and your telephone number. We will email you a link for you to join the virtual presentation.

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