



Community Services
& Parks



Diabetes

Thursday, April 14, 2022 ▪ 10:00AM - 11:00AM

Hosted by: Community Services & Parks
Presented by: Glendale Memorial Hospital

Learn how to manage pre-diabetes through
healthy eating and physical activity.

Email CSPCARES@GLENDALECA.GOV with your first name, last name, and your telephone number.
We will email you a link for you to join the virtual presentation.

For more information, please call (818) 548-3775.

Disclaimer: The City of Glendale's Community Services & Parks Department is not affiliated with presenting organization. All topics and speakers are presented for informational purposes. The organization's or speaker's opinions do not necessarily reflect or represent the official policy or position of the City and its Community Services & Parks Department.