

Virtual presentation on

## **Nutrition** and **Healthy Eating**

Hosted by: Community Services & Parks

Presented by: Ani Vartani, MS, RDN, DPP Lifestyle Coach

Wednesday, January 18, 2023

10:30 a.m. - 11:30 a.m.

Join CSP for a virtual presentation about nutrition and healthy eating.

For more information, please call (818) 548-3775.

Email CSPCARES@GLENDALECA.GOV with your first name, last name, and your telephone number. We will email you a link for you to join the virtual presentation.

## Disclaimer:

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