## PICKLEBALL & PARKINSON'S

Provide Pickleball demonstrations to people with PD discussing the basic elements and rules of the game. All equipment (balls, paddles, and nets) will be provided.

## REGISTRATION IS FREE!

- Limited space with reservation up to 16 participants with Parkinson's Disease.
- Ample parking on S. Kenilworth Ave.
- All necessary equipment provided.
- Wear comfortable clothes and good sneakers.
- Water, chairs, tables, and tents provided.

Monday **April 24, 2023** 9 AM -11 AM

**Pacific Community Center & Park**501 S. Pacific Ave.,
Glendale, CA 91204

Sign Up Today!

Marshall Pura (323) 371-6016 Annie Mayer (772) 807-0768

