

SPRING RESET

IN THIS EDITION:

- Tips for Spring Cleaning
- Tips on Recycling
- Staff Reusable Items
- And more!

The Unwanted Items Guide

We all have things in our homes that we no longer love or need. They take up valuable space and can make our homes feel cluttered. But when thrown away, they likely end up in landfills, contributing to the planet's carbon footprint.

This spring, take a step towards sustainable living by giving your items a second life. No system is perfect, but every small action counts. It's best to have a thousand imperfect environmentalists trying to live sustainably than a few perfect ones.

While gathering all the items you no longer need, consider these options before resorting to the trash bin.

Buy Nothing Group

If you have gently used items or items that need sprucing up, try listing them on an online community called a Buy Nothing Group.

It is a community of neighbors giving away items for free. There are 7,000 Buy Nothing groups worldwide and two in the Glendale region. Depending on which area of Glendale you live in, you can join a Buy Nothing Group on Facebook and post about items you have (or want). If someone in your neighborhood wants it, they can pick it up! The group heavily centers around community and proof that one person's unwanted items are another's treasure.

I started using a Buy Nothing Group last year. So far, I have given away lemons from our tree, nine childhood toys, a laptop cover I no longer used, candles, and an array of clothes. I have also borrowed power tools from neighbors.

It's a great forum to "give" and "ask" for items that otherwise would've been thrown out! Any and all items can be found in these groups. So, don't shy away from posting about the most peculiar items.



Thrift Stores

However, if you do not wish to participate in Buy Nothing Groups, then consider donating to thrift stores! Thrift Stores accept an array of items, not just clothes. Glendale has multiple thrift stores which include:

- AL Thrift Shop on 314 E Harvard St,
- Goodwill on 1600 E Colorado St.
- Goodwill on 240 N Brand Blvd.
- Goodwill on 1622 W Glenoaks Blvd.
- Goodwill on 6343 San Fernando Rd.

The following is a full list of accepted items at Goodwill:

Artwork, Frames, Glassware
Jewelry, Lamps, Holiday Decoration
Bedspreads, Blankets, Linens, Fabric
Cookware, Dish-ware, Utensils,
CDs, DVDs, Records, Audio and VHS tapes
Books and crafts
Sporting Goods, Sleeping Bags
Electronics, computers, printers
Furniture
Bicycles, wheeled toys

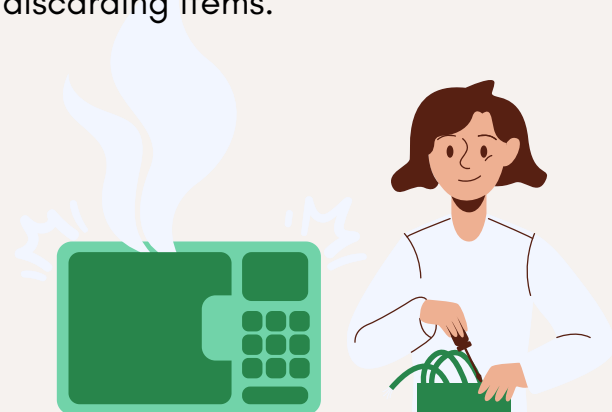
To donate, it's best to neatly pack your items in a bag or box and take it directly to the center to drop them off with an attendant.

Appliance Repair: Fix-It clinic

A fix-it clinic is a troubleshooting and discovery workshop where a volunteer coach guides attendees through repairs. While repairing is not guaranteed, this is a great way to learn a new skill and exhaust every last effort before buying a new appliance.

The City is planning to hold a fix-it clinic workshop on May 20. To participate, bring a broken item and any parts and tools you already own that might be helpful.

Options like a Buy Nothing Group, thrift stores, and fix-it clinics give unwanted items a second life. There are a small step towards the road to sustainability. Therefore, it's important to consider them before discarding items.



Interesting Read

FROM EX-OFFICIO MEMBER, MIKE BORISOV

Happy Spring, everybody! As we enter the warmer months, I think it is important to note just how lucky we are to have such great weather in Los Angeles, particularly for walking. I want to note that Glendale, and Los Angeles at large, has an opportunity to become a great 15-minute walkable city. Recent city projects and plans have propelled the city forward, in terms of, sustainability, but there is still much work to be done.

Something I personally advocate for is adding bike lanes, bus-rapid transit, up-zoning, and creating transit-oriented development. These policy choices are a great way to create an urban environment where car dependence isn't critical, community development is more prominent, and greater accessibility is at the heart of plans. Cities like Melbourne, Copenhagen, Singapore, Vienna, Frankfurt, Tokyo, Paris, and Barcelona are just some cities propelling such initiatives with great success.

The goal of 15-minute cities is to reduce pollution, increase efficiency, and increase the standard of living. Cities will still have urban sprawl, but the city center and local regions can improve how residents get to where they want and social cohesion. Glendale may not be there yet, but we have one of the best shots at it in Los Angeles County.

So next time you're at a city council meeting, meeting with your representative, or stumble into a community event, don't be scared to start a conversation on the benefits of creating a more walkable city.

Click [here](#) to read an article better explaining the concept.



What's in our staffs' bags?

Elizabeth carries reusables to account for all possibilities - water bottle, cutlery, to-go container, a bag, and period products. One of her favorite essentials is reusing a small to-go container for leftovers after eating in a restaurant. By already having a to-go container in her bag, Elizabeth does not have to get a new one and reduces her food waste.



Another essential that people might not know too much about is reusable period products.

Disposable plastic products can take 800 years to degrade. Often, they end up in the ocean or landfills. On the other hand, reusable products, such as menstrual cups and pads, can be used for ten years while eliminating the monthly waste generated. You can also use your FSA and HSA to purchase menstrual products- including reusable menstrual products. Some insurance providers cover the cost of reusable menstrual products. Call your insurance plan provider for more details on eligibility.



Fork, knife, and
straw



Chopsticks



Boba straw

Nora carries metal utensils in an old pencil case. She's a big fan of boba and always has a bamboo boba straw on her. Using reusables doesn't mean giving up your favorite treats!

David carries a reusable water bottle and Tupperware. His favorite water bottle joined him on many adventures providing a source of water and fond memories.

Landfills are a major methane emitters, a greenhouse gas more potent than carbon dioxide. By reusing products, we can significantly reduce our environmental impact, promote sustainable practices, and protect our ecosystems.



Recycling 101

Reducing and reusing are powerful tools in addressing the waste crisis. Despite efforts to commit to these practices, plastic waste remains prevalent due to its deep cultural integration. Still, recycling is an opportunity to reuse materials for new products – provided the item is recyclable.

Which begs the question, what can and cannot be recycled in Glendale specifically?



Aluminum is one of the most easily recyclable products. It includes aluminum cans, food packaging, frozen dinner trays, and sheets of foil. If cleaned, they can all be disposed of in blue curbside recycling bins or dropped off at recycling centers in Glendale.

Similarly, all types of paper, including cardboard packaging, books, notebooks, and loose paper, can be placed in your blue recycling bin.

A few notable exclusions:

Shredded paper is not accepted in curbside recycling bins and must be dropped off at the recycling center.

The Plastic Problem:

Recycling plastic poses more challenges compared to other materials. However, clear and colored plastic bottles and liquid containers, such as plastic water bottles, are accepted and recycled.

The photo below shows recyclable items in Glendale's facilities. You can also visit [Integrated Waste's webpage](#) to see a list of accepted items.



While recycling facilities accept some plastic materials, other plastic materials cannot be recycled and are sent to landfill. Examples of non-recyclable plastic items include black and clear food containers and dark-colored pill bottles, shown in the photo below. These will ultimately end up in landfills.



The most common items that the center receives but redirects to landfill are plastic bags and pouches (from drinks). Generally, if it can be crinkled or poked through, it cannot be recycled, and it must be thrown away. Shipping packaging, plastic film, and polystyrene packaging are all non-recyclable.

The future of plastic recycling:

Trash is easy to deal with. You put it in a bin; it seems to no longer exists.

Unfortunately, there is no universal recycling system. Not all facilities can process every type of recycled material. However, new California legislation is set to change the recycling industry.

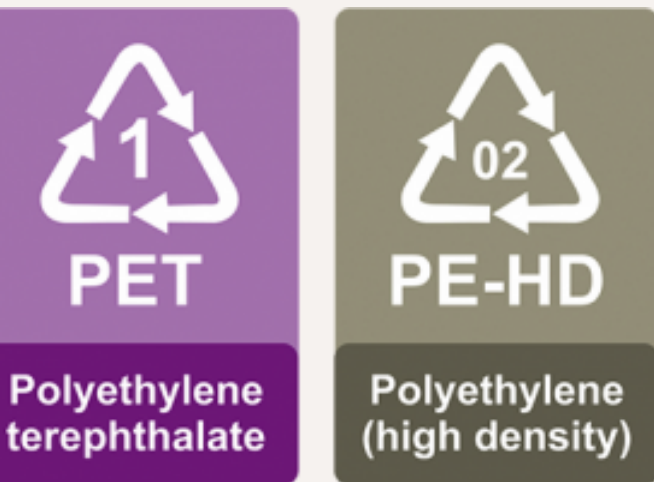
In October 2021, Governor Gavin Newsom signed a cluster of bills known as the Circular Economy Package. They focus on reducing single-use plastics and minimizing their export overseas. The package includes several bills that aim to educate consumers and encourage the use of recyclable materials.

Senate Bill 343, titled "Truth in Labeling for Recyclable Materials," is an important bill in the package. It was inspired by Senator Ben Allen's experience of realizing that the plastic sleeve his newspaper arrived in, which had the three arrow recycling symbol, wasn't being recycled.

The bill focuses on redefining the resin identification code, or RIC. It is commonly called "the recycling symbol." In truth, just because an item has the three arrow symbol, it does not mean it's recyclable.



Senate Bill 343 aims to change the system to be less confusing for consumers. Essentially, it prevents consumers from being misled by the resin identification code. The average consumer associates the three arrow symbols on an item with it being recyclable. In practice, only plastics labeled 1 or 2, such as water bottles, soda bottles, and milk jugs, are regularly recycled. The other resin codes are infrequently recycled.



Therefore, Senate Bill 343 requires plastic products and packaging that bear the recycling symbol to meet certain criteria before being labeled and considered as "recyclable."

The Circular Economy Package represents a significant effort to reduce the use of single-use plastics and promote recycling in California.

The bill package aims to educate consumers, close loopholes in waste management, and encourage new forms of material production. These bills are a step in the right direction toward a more sustainable future.

But again, recycling is a last resort; reducing and reusing come first.

Organics Recycling:

The City of Glendale started an organics recycling program for all of its residences and businesses. Organic waste is any items from a living organism or items that you eat. It includes food waste, paper towels, tissues, pizza boxes, egg shells, meat, cheese, and even bones.

To recycle your organics, place them in a clear plastic bag, then add them to the green yard bin.

I don't have a Green bin or a blue bin:

If you live in a Single Family Home or a Small Multi-Family Property (2-4 units) but do not have a trash bin, you can request one from the [City Website](#).

If you live in a Multi-family home, (5+ units) you can request a bin from your franchise hauler, which you can find [here](#).

Sustainability Stewardship Award Recipient



Glendale Flats is the recipient of the March Sustainable Stewardship Award. The building first opened in 1925. It is Glendale's most iconic residential building and the only residential apartment complex in Glendale on the National Register of Historic Buildings. Its manager is committed to moving Glendale's Historic Landmark into future best practices. The building has had solar panels since the mid-eighties. Rainwater is collected and used for outdoor watering and cleaning. Organics recycling green bins are available and used by the tenants in increasing numbers. The goal of the building is to make participation in sustainable practice effortless so that more tenants can take part in climate-resilient action.

If you wish to honor an individual, organization, or business with the Sustainability Stewardship Award, [click here.](#)



What is Earth Day?

Earth Day started in 1970 in response to environmental degradation and pollution concerns. Since then, it has grown into a global movement with various activities and events promoting environmental protection and sustainability. Its significance stems from demonstrating widespread support for protecting the planet and its natural resources – crucial in the face of the climate crisis. In the past, Earth Day significantly impacted national policy, and it continues to show that environmental protection is a priority for people worldwide.

This year, the Glendale Library Arts & Culture received a State Sustainability Library Grant to fund the Earth Month & Beyond project in partnership with the City of Glendale's Office of Sustainability. Therefore, along with the annual Earth Day Fair, there are various additional sustainability-focused programs throughout April and May.

These programs include a Fix-It clinic, monthly clothing repair workshops, "Glendale Carbon Conversations" speaker events with the Rarus Institute, and a Guided Nature Hike with Glendale Community Services and Parks. The Library will also support the Office of Sustainability's Earth Day Fair with workshops, talks, and activities for all ages.

The planned Earth Day events and activities are on the following pages, along with corresponding sign-up links

You can also sign up to volunteer for the fair [here](#).



EARTH DAY FAIR

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FERIA DEL DIA DE LA TIERRA



SATURDAY, APRIL 22, 2023
11:00 AM to 3:00 PM

Pacific Park, 501 S Pacific Ave, Glendale, CA 91205

A unique fair with something for all ages!

Join us for family-fun activities, sustainable local vendors, music, and interactive workshops. Come and learn more about local initiatives and how to get involved in climate change action.



For more information and fair schedule, visit glendaleca.gov/EarthDayFair

For questions, email Sustainability@glendaleca.gov or call (818) 548-4844.



Community Services & Parks



Public Works

This project was supported in whole or in part by the U.S. Institute of Museum and Library Services under the provisions of the Library Services and Technology Act, administered in California by the State Librarian.



GLENDALE CARBON CONVERSATIONS



Free environmentally focused community lectures and workshops from leading experts and local changemakers.



Fostering the Next Climate Activists

Thursday, April 20, 2023

from 6:00 PM to 8:00 PM - Doors open at 5:30 PM

Glendale Central Library

How do we empower future generations to be climate action agents? Join us for an evening presentation by **Mary DeMocker**, author of **The Parents' Guide to Climate Revolution: 100 Ways to Build a Fossil-Free Future, Raise Empowered Kids, and Still Get a Good Night's Sleep**, and a panel of student and youth climate activists on fostering the next generation of sustainability minded change makers.



Shaping the Energy Future of Glendale

Thursday, April 27, 2023

from 6:00 PM to 8:00 PM - Doors open at 5:30 PM

Glendale Central Library

What could Glendale's green energy future look like? Join us for an evening presentation on how to revolutionize and build resilience in our energy and power systems in Glendale by **Ted Flanigan**, energy expert, founder of EcoMotion, and host of **Flanigan's Eco-Logic Podcast**, followed by a panel of energy experts and community leaders.



Learn more and sign-up here: glendaleca.gov/CarbonConversations



This project was supported in whole or in part by the U.S. Institute of Museum and Library Services under the provisions of the Library Services and Technology Act, administered in California by the State Librarian.





Glendale Central Library, MakerSpace, 222 E Harvard St., Glendale, CA 91205



Booking Link for all workshops: <https://www.eglendalelac.org/makerspace>.

Mend It! (Repair)

April 11, 2023 • 10:30 AM to 12:30 PM

June 8, 2023 • 10:30 AM to 12:30 PM

Grow your sustainability tools by learning to make minor repairs to your clothing. Must Bring: Project(s) to fix together, for example: missing buttons, hem or hole.

Patch It! (Denim Recycle)

April 13, 2023 • 1:30 PM to 3:30 PM

April 26, 2023 • 10:30 AM to 12:30 PM

Հասանելի է հայերեն թարգմանությունը

Learn how to turn old denim and jeans into new products and clothes. Must bring denim items, such as jeans or a jean jacket.

Update It! (Upcycle)

April 19, 2023 • 10:30 AM to 12:30 PM

Հասանելի է հայերեն թարգմանությունը

May 11, 2023 • 10:30 AM to 12:30 PM

Give your old clothes new life by upcycling them! Must Bring: 1 or more clothing items from their closet.

For more information, call (818) 548-2021 or email LibraryInfo@GlendaleCA.gov.

This project was supported in whole or in part by the U.S. Institute of Museum and Library Services under the provisions of the Library Services and Technology Act, administered in California by the State Librarian.



Caminata guiada por la naturaleza

Գիդով բնուրթյան արշավ

SATURDAY, APRIL 29, 2023

9:00 AM to 10:30 AM

Starting promptly at 9:00 AM from the Stone Barn Nature Center.

Deukmejian Wilderness Park, 3429 Markridge Road, Glendale, CA 91214



Sign-up at: glendaleca.gov/GuidedNatureHike

Learn about Deukmejian Wilderness Park's local plants and animals, and the history of the family that once lived there! Perfect for families and nature lovers!

For more information, call (818) 548-4844 or email Sustainability@glendaleca.gov.

This project was supported in whole or in part by the U.S. Institute of Museum and Library Services under the provisions of the Library Services and Technology Act, administered in California by the State Librarian.



Volunteer for Earth Day with Us!

The Office of Sustainability is inviting 15 volunteers to join us during the annual Earth Day Fair on April 22nd. Sign up at the link:

[Here](#)



WE'RE LAUNCHING A PODCAST!

Click here to take a survey to let us know what you want to hear!

The Office of Sustainability is looking to break into the podcasting game! We're working on a new podcast focused on sharing news and tips about Sustainability, so going green is easier. But, we need your help!

Help choose the new title of the podcast, and let us know what topics to cover. We may even dedicate an entire episode to your idea!



APPLY TO BECOME A STUDENT COMMISSIONER



GET INVOLVED

JOIN THE SUSTAINABILITY COMMISSION

- Be part of the City legislative process
- Shape the vision of a sustainable Glendale
- Propose and execute student outreach projects

APPLICATION DEADLINE: MAY 15, 2023

[Apply Here!](#)



APPLY FOR THE SUSTAINABLE STEWARDSHIP AWARD

Do you know of an individual, organization, or business, that has proactively contributed to sustainable projects?

Community Sustainability projects include, but are not limited to:

- ✦ Resource conservation
- ✦ Waste Reduction
- ✦ Greenspaces projects
- ✦ Mobility projects
- ✦ Environmental education & outreach

And more!

This is an ongoing award where eligible candidates receive a certificate and recognition from the Sustainability Commission!

[Sign Up Here!](#)



Landscaping Equipment Vouchers Available!

These vouchers can be used by small businesses to purchase discounted **zero-emission:**

Edgers
Hedgers
String trimmers
Chainsaws
Pole saws
Vacuums
Handheld leaf blowers
Backpack leaf blowers
Walk-behind mowers
Ride-on/Stand-ride mowers
Batteries
Chargers

[Click Here to Participate](#)



Trails & Open Space Program

WILDERNESS WORKDAY

**Saturdays,
Apr. 15, May 20, June 17, 2023**

8:00 AM - 11:00 AM

Deukmejian Wilderness Park

3429 Markridge Road, Glendale, CA 91214

Help us water our bigcone spruce and coast live oaks, assist with trail repairs, and remove invasive plants from the park. Please wear sturdy shoes, protective clothing, and bring water. Families, individuals, clubs, and students needing community service hours are welcome. In case of rain, this event will be cancelled.

Please RSVP at glendaleca.gov/trails

For more information, call (818) 548-3795 or email Trails@glendaleca.gov

Para información en español, llame a (818) 548-2000.

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Please follow the current Health Officer Order concerning masking requirements and safety measures while participating in the activities.



**Community Services
& Parks**

Sponsored by:

**GLENDALE PARKS &
OPEN SPACE
FOUNDATION**





Trails & Open Space Program

RIVERWALK WORKDAY

**Saturdays,
Apr. 8, May 13, June 10, 2023**

8:00 AM - 11:00 AM

Glendale Narrows Riverwalk
300 Paula Avenue, Glendale, CA 91201
(corner of Paula Ave. & Garden St.)

Spend the morning working next to the Los Angeles River on the City of Glendale's Riverwalk. We need volunteers to help us remove invasive plants from the landscaped areas along the L.A. River. Please wear sturdy shoes, protective clothing, and bring water. We'll provide the tools and gloves. Families, individuals, clubs, and students needing community service hours are welcome. In case of rain, this event will be cancelled.

Please RSVP at glendaleca.gov/trails
For more information, call (818) 548-3795 or email Trails@glendaleca.gov

Para información en español, llame a (818) 548-2000.

Հայերեն տեղեկությունների համար զանգահարել հետևյալ հեռախոսահամարով (818) 548-2000.

Please follow the current Health Officer Order concerning masking requirements and safety measures while participating in the activities.



**Community Services
& Parks**

Sponsored by:

**GLENDALE PARKS &
OPEN SPACE
FOUNDATION**



SPRING Eggstravaganza

Saturday, April 1, 2023
10:00 a.m. - 1:00 p.m.

EGG HUNT

10:30 AM
4 Year Olds & Younger

10:50 AM
5 Year Olds

11:10 AM
6 Year Olds

11:30 AM
7 Year Olds

11:50 AM
8 Year Olds

12:10 PM
9 Year Olds

12:25 PM
10 Year Olds

12:40 PM
11 & 12 Year Olds



Please don't forget to bring your baskets.
Adults will not be permitted on the field for
age groups 5 years old and older.

PACIFIC COMMUNITY CENTER

501 S. Pacific Ave., Glendale, CA 91204

For more information, call 818-548-4098.



Community Services
& Parks

**Parks
Make
Life
Better!**

   @myglendaleparks





Community Services
& Parks



YOUTH & FAMILY SERVICES PRESENTS:

TEEN NIGHT OUT

5:00 P.M. – 9:00 P.M.

For ages 13 -18

FREE SNACKS, REFRESHMENTS & PRIZES

**HANG OUT WITH YOUTH & FAMILY SERVICES
EVERY FRIDAY NIGHT, AND ENJOY PING PONG,
PS 4, POOL, AND KARAOKE.**

LOCATION AND DATES

**PACIFIC COMMUNITY CENTER
501 S. PACIFIC AVE.
GLENDALE, CA 91204**

MARCH 3, 10, 24, 31, 2023

APRIL 7, 14, 21, 28, 2023

MAY 5, 12, 19, 2023



To register or for more information, call or email Community Services Supervisor,
John Maghaguian, at (818) 937-7247 or jmaghaguian@glendaleca.gov.



2023 Glendale Solar Discovery Faire

Saturday, April 29, 2023 10am-2pm
Roosevelt Middle School

FREE ADMISSION Everyone Welcome

Music ☀ Games ☀ Demonstrations
Projects ☀ Solar Vendors



Solar Cooking
Watch demonstrations and enjoy samples.

Solar Etching
Try your hand at this ancient art form.

Solar Whirlygigs
Make your own unique kinetic toy.

Solar SpinArt

Solar Chargers
Build a charger for your phone and emergency lighting.

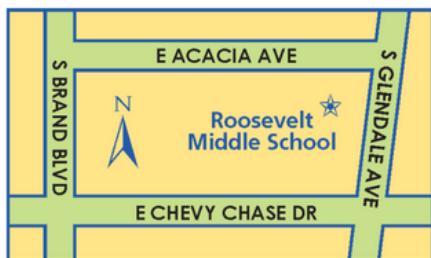
Build a Solar Fountain
Solar Musical Gift Card

Solar Medallions
Mold and bake your own pendant.

Human Sundial
Solar For Your Home
Learn about options for your home.

Student Projects on Display

Free T-Shirts for the first 400 attendees!



Roosevelt Middle School, 222 E Acacia Ave, Glendale, CA

For more information go to solarschoolhouse.org/glendale.
This event is presented by Glendale Water & Power, Glendale Unified School District, and The Rarus Institute/Solar Schoolhouse.



WHAT'S YOUR WISH FOR A GREENER GLENDALE?

WHAT'S YOUR WISH FOR A GREENER GLENDALE?

Write or draw your wish for a more sustainable and livable Glendale.

I want to see massive green walls (like plant walls) on the sides of major buildings in the downtown area!!!

Drop off your wish at a Glendale Library or City Hall lobby. Share it on social media by using #GreenerGlendale.

WHAT'S YOUR WISH FOR A GREENER GLENDALE?

Write or draw your wish for a more sustainable and livable Glendale.

Promote the switch from gasoline & diesel powered transport to electric.

Drop off your wish at a Glendale Library or City Hall lobby. Share it on social media by using #GreenerGlendale.

WHAT'S YOUR WISH FOR A GREENER GLENDALE?

Write or draw your wish for a more sustainable and livable Glendale.

better/cheaper public transpo, encourage it → to help w/ pollution!

Drop off your wish at a Glendale Library or City Hall lobby. Share it on social media by using #GreenerGlendale.

WHAT'S YOUR WISH FOR A GREENER GLENDALE?

Write or draw your wish for a more sustainable and livable Glendale.

To save the environment and stop pollution, with the help of more electric cars. Avoiding the use of any gas-powered equipment will also create a "greener" Glendale.

Drop off your wish at a Glendale Library or City Hall lobby. Share it on social media by using #GreenerGlendale.

Let us know how you envision a greener, more sustainable, and equitable Glendale!

[TAKE THE SURVEY](#)

What's in Season this Spring?



Apples

Apricots

Apriums



Carrots

Cauliflower

Cucumbers



Artichokes

Asian pears

Asparagus



Eggplants

Fennel



Figs



Avocados

Beets

Bell peppers



Grapefruit

Kale



Mandarins



Blood oranges

Broccoli

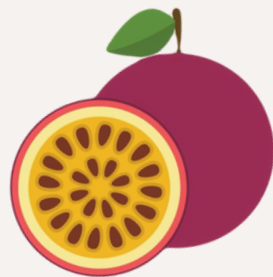
Brussels sprouts



Melons

Mushrooms

Passion fruit



Get in Contact:

City of Glendale: Office of Sustainability
Sustainability@GlendaleCA.gov
818 548 4844

Access our [Newsletter](#)
[Archive here](#)