



**SAVE THE DATE**

# **BODY & MIND WELLNESS FAIR**

**SATURDAY, MAY 6, 2023 | 10AM-1PM**

**Glendale Central Library**

222 East Harvard Street, Glendale, CA 91205

Learn how to live better and healthier! Access your free or low-cost community mental health services and other support programs for you and your family. Representatives will be on-site to help with questions or concerns.

[www.GlendaleLAC.org](http://www.GlendaleLAC.org)



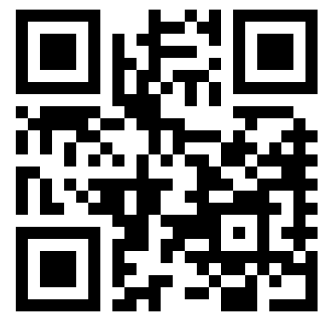
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